

# i-Horizon

SALEM-IMMANUEL LUTHERAN COLLEGE

4  
November 2015



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# Editorial Notes

In the past three years, the school's major concern was to develop our students to be active and disciplined learners. The yearly slogan for 2014-2015 was "To discover new horizons, we take the initiative to learn together 進取自主 學習強·互勵攜手境界張". When reading students' sharing, I was so impressed to see the change and growth of our students. They showed their positive attitude and engaged actively in different life-wide learning activities. They experienced connection with people during the activities. They learned better communication and presentation skills. They learned collaboration and cooperation. They extended their learning horizons from self to group. They discovered that the key to making learning activities meaningful and memorable was having peer support and high team spirit.

I was really touched by one student's sharing. In the past he did not believe in team work. He thought working alone was much better than working with other people as things may get complicated if too many people do the same work. He changed when he experienced group dynamic and peer influence. He enjoyed the companionship and tasted the fruitful learning result. The feedback from another student was also encouraging: "Being passionate about participating in extra-curricular activities and services, I enjoy my school life very much."

One of our school's milestones in life-wide learning development this year was that we organized a whole form overnight study tour to China. Through the cross-boundary tours, students learnt to live together. Through active interaction, students' fire of learning was lit. Through exchanging views with other students, students got new experience and their horizons were widened.

When we nominated our students to join external activities, we found that they were brilliant. They took the initiative to grasp different learning opportunities to increase their exposure. I have to acknowledge that they are confident and smart ILCians.

To conclude, it was amazing to witness students' excitement in learning together. Learning is fun, learning is enjoyable, and learning is memorable. I believe if students expand their horizons, they broaden their outlook on life and its possibilities. Lastly, I have to send my gratitude to my colleagues who organized so many inspiring learning activities for our students and accompanied them to explore the wider world outside school.

*Wong Yiu Kiu*

Principal



Meeting student ambassadors from Broadrick Secondary School



Visiting Marina Bay, Singapore



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**S.2 Zhaoqing Physical Landscape and Conservation Study Tour**  
肇慶自然地貌與保育考察團

26-27.3.2015  
Zhaoqing  
121students



At the top of Dinghu Mountain

**Mr Ng Cheuk Kai**

In order to know more about the local culture, history and environment, and to understand the difficulties of the local government in conserving natural resources, 120 S.2 students and 13 teachers went on a two-day study tour to Zhaoqing in Guangdong Province on 26th and 27th March.

We visited Dinghu Mountain and Butterfly Valley on the first day. It was thrilling because more than a hundred people walked along the rough trail and crossed the streams on rugged Dinghu Mountain. While we were walking in the Butterfly Valley, a wide diversity of butterflies were flying around us. What a picturesque moment! In the evening, all students worked very hard in groups to reflect on what they had learnt during the day through words and drawing. It was so impressive.

The next day we went to the Zhaoqing Municipal Museum to learn the development of "Duan", a kind of high-quality ink stones, and its influence on the local economy. Before we went back to Hong Kong, we visited the Seven Star Crags to appreciate the magnificent landscape of the mountains and lakes. Although the trip was short, learning while traveling is definitely an enjoyable and meaningful experience!



Happy moment on the boat

**2B Tang Amy A-Mei**

The Zhaoqing Municipal Museum was a great place to visit. We saw lots of sculptures, paintings and historical photos. There were exhibitions showing how the most famous product of Zhaoqing, Gu Duan Inkstone, had changed and developed from the past until now.

Visiting the Zhaoqing Municipal Museum, I felt proud of China because Chinese culture is so precious. I enjoyed learning from the museum, not only the knowledge about Gu Duan Inkstone, but also people's delicate carvings. They couldn't make such a gorgeous inkstone unless they had mastered the technique. It was such a memorable and fantastic trip.

**2A Law Yuen Yan**

There are lots of beautiful and colourful butterflies in the Butterfly Valley on Dinghu Mountain. With so many trees and flowers, it is a perfect habitat for butterflies to breed. Numerous butterflies live there. I could hardly imagine how many butterflies there were when I visited the place!

When we were taking photos, I suddenly heard one of my classmates scream loudly, 'Oh, there's a caterpillar on a leaf!' We quickly ran to have a look. Although a caterpillar does not have a lovely appearance, the process of how it changes is amazing. After hiding itself inside a cocoon, a caterpillar metamorphoses into a beautiful butterfly. A butterfly pupa may face a lot of difficulties when it is inside the cocoon. In order to succeed, you need to be patient and confident. If you overcome your weaknesses, you can metamorphose and have a wonderful life like a beautiful butterfly!



Ready to get on the boat at Dinghu Mountain



Starting the journey up Dinghu Mountain

**2C Li Wing Sze**

We visited Dinghu Mountain on the first day of our trip. Dinghu Mountain, also known as a living nature museum, is one of the four famous mountains in Guangdong Province.

The weather was not very good. The uneven, rocky road became wet and slippery, so it was really difficult to go hiking there. Although the weather was poor, the scenery was really beautiful. The higher up the mountain we went, the more awe-inspiring the scenery we saw. All of us were enthralled by the scenery. As there were many trees, the mountain looked like a green ocean when viewed from afar.

While we were hiking, we saw many streams and waterfalls. The streams were so clear that we could see the stones at the bottom easily. As I looked at the magnificent waterfalls cascading down the mountainside, I felt I was full of power.

Before we reached our destination, we encountered untold difficulties. I felt a great sense of achievement when I reached the top of the mountain, but I was a little sad because of the bad weather. Anyway, it was a wonderful and pleasurable experience.

**2D Lee Ching**

The views of the Seven Star Crags were spectacular. When we visited this place, the weather was good – cool and breezy. In good weather, the lakes looked beautiful. There was some traditional Chinese music playing in every corner. I really enjoyed touring with those songs accompanying us. It was great that we could see typical Chinese vista without travelling very far. Otherwise I would be very tired and couldn't concentrate. It was nice to have a day away from the city to walk over the bridges and pass by the mountains in the Seven Star Crags. Although I was sick during the trip, I still enjoyed walking around this place and listening to the tour guide's professional introduction.

Class 2A at the Seven Star Crags

Group photo at Dinghu Mountain



Sustainable Development and Cultural Exchange in Singapore  
新加坡持續發展考察及文化交流之旅

29.3.2015 - 1.4.2015  
Singapore  
37 students



Small group discussion at Broadrick Secondary School



Our Principal and Principal of Broadrick Secondary School, Madam Heng

#### 4C Chui Shing Him

I learnt many things when I went to Singapore in April. I had a good experience there. On the second day, we visited Broadrick Secondary School and I learnt a lot there. The school visit started with a very early (6 am) breakfast at a restaurant. Broadrick Secondary School has a very big campus. Although it looks good, there is no air-conditioning in the classrooms. The sun 'burned' me when I was having my LOL class. In the PE lesson, we played a new sport: baseball. When the lesson ended, our eyelids became very heavy. After that, we went to have lunch in the canteen. The students there were very nice and I felt like being at home. This was a very unforgettable trip and I hope I can go there again.

#### 5F Lam Kwan Yin

The students in Broadrick Secondary School were nice and friendly. At first, I was too shy to talk to them because I did not understand their accents. But as time passed, we had a lot of fun moments together. I remember the PE lesson with the Secondary 3 students clearly. We had a volleyball match: SALEM-ILC vs Broadrick. Although they were only Secondary 3 students, their skills were sophisticated. We could hardly catch their ball. We were lame in volleyball, but they were very nice. They did not show any discontent. After the school visit, we went to the residential areas to learn more about the public housing of Singapore. At night, we had Nyonya style dishes. They were actually quite good.

#### Ms Ho Hang Sim

English Language, Liberal Studies and Geography Departments arranged a trip to Singapore as one of the highlights of the life-wide learning activities for 23 S.5 and 14 S.4 students from 29th March to 1st April, 2015. The learning objectives were:

1. to experience Singapore culture with the students of Broadrick Secondary School and to find out the differences between the education system in Hong Kong and that in Singapore
2. to learn about the differences in the housing policies, religions, and social and cultural development between these two places
3. to have reflection on how sustainable development can help to protect nature and environment

#### 4D Kwok Wing Yan

Urban planning is all about balance. You can see that everything is carefully arranged in Singapore. Thus, an interdependent relationship is created, everything in perfect harmony.

Turning country parks into buildings aroused a lot of controversies in Hong Kong previously. However, this is unlikely to happen in Singapore as green plants are a vital part of the country and are, to the Singaporeans, more than just dispensable decoration. Sometimes I wonder why we are willing to give up the countryside when we still have other solutions. Maybe it is time for us to think again about what we should value most.

Going to Singapore is definitely one of the most rewarding trips I have ever had. People often compare Hong Kong with Singapore. I have to say there is still a lot that we have to do in order to catch up with the Singaporeans, yet I believe in the possible.

#### 5A Chan Sum Him

I am glad that I had a chance to visit Singapore, a multicultural society, with my beloved friends and teachers. The trip was extremely enjoyable. Our itinerary was packed, and we went to many places during the four days. My horizons were widened and I really learned a lot. Why is Singapore regarded as a multicultural society? People who live in Singapore come from different countries. They do not have the same culture, but they share it instead of having conflicts. They live together peacefully. From a culinary perspective, Singapore is special in that we can find Chinese, Indian, Malaysian and Indonesian dishes there. Their food is from around the world, just like Hong Kong. We visited different temples and churches during the tour. Although Singaporeans may not share the same religion, they do not ostracize others; they respect everyone. Therefore, I like this city very much.

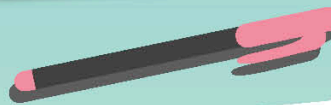


Students introducing ILC during morning assembly at Broadrick Secondary School

#### 5A Lui Cheuk Ying Alda

I really like the evergreen city planning and the housing policy in Singapore. We can see the Singaporean government has always had visions of a perfect society. Like Hong Kong, land is scarce in Singapore and it is densely populated. Land reclamation is carried out to tackle the problem. While mixing man-made buildings with nature, conservation is considered at the same time. The E-coastline is a good example of this idea. You can hardly find an area which is not green in Singapore. There are always green plants to accompany you throughout your trip! Singapore is surely a lovely place to visit!

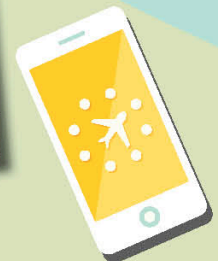
Joining HE lesson at Broadrick Secondary School



A visit to NEWater, a treatment plant for reclaimed water



A Broadrick Secondary School student saying farewell to us at the airport



**Taiwan Music Tour (Choir)**  
 合唱團台灣音樂觀摩及交流之旅

6-9.4.2015  
 Taiwan  
 37 students

**Ms Law Nga Lai**

I appreciate the exchange in the learning of music between secondary schools in Taiwan and us. I like the attitudes of Taiwanese students, who were committed and serious about what they had to learn. I also like the arrangements of the travel agent, who planned and managed everything very well.



Memorable time with Taiwanese friends!

**3A Lee Tip Long**

During this trip, I learnt more about the skills of singing from the Taiwanese students. The attitude of the Taiwanese students is very good. They never talk once the music has started. I think we should learn from them because having a good attitude is essential in order to learn more. We had to look after ourselves in this trip. We had to pack our own luggage and look after our belongings. So I think this trip can help us to become more independent. We did a lot of things during the trip, but the most unforgettable thing was to mingle with the Taiwanese students because we could learn about life in Taiwan from them. We could also make friends and, perhaps, mix more with them in the future. I think this trip was meaningful and unforgettable because I had learnt a lot. I hope there will be more trips of this kind in the future so that we can learn more from other people and mix with different students from different places.



Warm up exercise before performance

**4B Ho Ka Yee, Cherry**

This tour to Taiwan was really fruitful. I have gained a lot from it.

First, I understand that music is really a language with no boundary. We had some sharing about music with the school choirs of two local schools in Taipei. Even though we speak different languages, we could feel what we wanted to tell one another through music. Just like a sentence from the lyrics of "Why we sing" — a song we sang during an activity, 'music is a language that can speak to one and all'. This is the power of music. And I am now more in love with singing in the choir.

Second, being the vice-chairlady of the school choir this year, I find that it is important to be familiar with the members. This tour allowed me to know more about them. We all got along so well that we are now like a big family which includes our leading teachers Miss Law, Miss Irene and Mr Ng.

I learnt many other things during the trip, like the culture of Taiwan and the hospitality of the Taiwanese. We all enjoyed this trip. I hope that we will keep the passion for singing and sing with ardour in the future!

Performing with Taiwan Team!



**3D Chan Yan Ki**

This trip brought me a lot of happiness and memories. One of my most unforgettable experiences was playing fairy sticks with my friends. This was my first time to play the game. We put the sticks onto the stove and waited a few seconds. Soon, they started to burn and created a beautiful picture. Another memorable experience was doing orienteering with the Taiwanese students. It was so interesting to take the buses, MRT and gondola in Taiwan. There were many Hello Kitty pictures around the gondola and they were so lovely. I learnt that we should cooperate with each other in order to complete tasks successfully. I hope that I can go on another music tour with choir members next year.

**5C Chan Yuet Miu**

As an old choir member, I've been longing to go on a music exchange tour. This year I was so lucky to have a chance to participate in it. In this trip, we went to a lot of places, and experienced many new things, such as making ice-cream by shaking a food box along with some music so that we could dance. We also had a city hunt in Taipei. We got to our destination by taking different forms of transport like buses and the cable car. What was great was that we interacted with the Taipei students through music. We sang together and we learnt from each other. They participated actively in their learning. Their serious attitude towards learning is what we have to learn.

I believe this trip was successful as we learnt a lot and we enjoyed it very much. I hope that there will be more and more chances for students to go outside and see the world.



Play group!



Visiting Yingge Ceramics Museum



Warm up exercise before performance

**Mainland High School Visit and Culture Exploration Tour**  
內地高校考察及文化之旅

30.3.2015 - 1.4.2015  
Guangzhou  
7 students

**Ms Cheung Yuet Yau**

A 3-day study tour of Guangzhou was held from 30th March to 1st April, 2015. Three S.5 students, four S.4 students and three teachers joined the tour. They visited three universities (Jinan University, The Guangzhou University of Chinese Medicine and Sun Yat Sen University), two industrial places (Guangzhou Shipyard International Company Limited, and Qianhai Shenzhen-Hong Kong Youth Innovation and Entrepreneur Hub), and some cultural places, such as the Guangdong Museum, the Chen Clan Ancestral Temple and the Shamian Island. All the participants' horizons were broadened.



Do you recognize any of the doctors crafted on the wall?

**4D Tang Hiu Nam**

In the journey, I visited quite a number of universities. I was really impressed by Sun Yat Sen University. It is gigantic. With the green trees and lovely flowers, the campus has a graceful atmosphere. Having all kinds of facilities, including a library which is much larger than that in my school, the students can learn in a better way. It seems to me that studying at Sun Yat Sen University is a wise choice.



Do you understand Sun Yat Sen University's motto?

**5E Sham Tsz Hong**

The study tour was really unforgettable. The environments of the universities we visited were green, quiet and full of learning atmosphere. The minimum entrance requirement for these universities is levels 33222 in five subjects in the HKDSE examination. The tuition, the dormitory and the facilities there are great. Before the trip, I was worried about my future studies. Now that I have been enlightened, I realize studying in mainland China could be an option.

Shamian Island — the territory was conceded to France and the United Kingdom by the Qing government



Visiting Guangzhou Shipyard International Company Limited

**S.3 Camping Trip — Unlocking Potential**  
中三級「樂展潛能計劃」

27-28 .3.2015  
Sai Kung  
51 students

**Mr Leung Kwok Hung**

Aiming at developing healthy characters and positive mindsets for their future, all S.3 boys took part in a two-day training camp at Jockey Club Sai Kung Outdoor Training Camp.

In the training camp, students were encouraged to try rock climbing and abseiling. Besides, they were required to walk in the hill alone at midnight. It was a valuable experience because they had to learn to conquer fear and difficulties on their own. On the second day, students learnt to make a raft (by themselves with bamboo, ropes and barrels) which had to be strong enough to carry 13 boys and sail from shore to shore. Students learnt to work with one another, share ideas and trust one another when they were paddling on the water.

Over 80 per cent of the students think this program deepened their understanding of their own attributes and potentials. It empowered them to pursue goals bravely in the future. I believe that this learning process is precious to their growth and will be deep-rooted in their memories.

**3B Leung Chi Lok**

We had many exciting activities during these two days. I learnt the importance of courage during the abseiling activity. As I have acrophobia, I am pretty scared when I am in high positions. During the night crawling activity, we needed to cover our eyes and walk a long way on our own, only holding a rope. I learnt how to face fear through the activity.

The most unforgettable activity was the one that we did on the second day — the raft-making activity. We listened to the coach talking about how to make a raft with only barrels, bamboo and ropes. After 20 minutes, the raft was created. I was pretty mad after the coach said each class had to sail the boat into the river nearby. I thought, 'How can this raft carry 32 of us?' The water was very cold when we started to sail. It was very hard to sail the raft by only paddling. Finally, we successfully sailed to the destination and back to the dock. During the raft-making and sailing activity we found a most valuable thing, which was teamwork and friendship.



Teachers and students gather to take a picture at the entrance of the Camp.



Students work together to make a raft and travel on the sea.



Students were proud of their work before taking the raft to the sea.

**3A Dong Yu Pang**

On the first day, we practised rock climbing and fast-roping. I think fast-roping is cool because all the taskforce soldiers fall with ropes in that way. Due to time limit, we could have only two turns each. After that, we went to have dinner and carried out the next activity, outdoor orientation. It was a special activity because we were ordered to walk towards the destination in blindness by following a rope. I felt so excited because we needed to explore our path in an unknown situation. The next day we did the third activity — building rafts with bamboo and barrels. This activity required good cooperation. Since our class worked well together, we finished making a strong raft quickly. Then we got on our raft and paddled to the destination. It was an extraordinary experience. I enjoyed the time when we had to work hard together paddling the raft in the middle of the sea. I think this activity was meaningful and the school must hold it again next year.



Abseiling is a challenging game for young people.

## S.1 Multi-faceted Stanley 赤柱多面睇

27.3.2015  
Stanley

### Ms So Wing Fun

I loved the activity of Inter-class Sand Sculpting Competition. All classes had well-designed sand sculptures. Both teachers and students were involved during the competition. We worked together at the beach and shared lots of happy moments. Postcard drawing was another activity that I liked. Students drew the beautiful scenes of Stanley on postcards and then sent them to teachers to say thank you to them. It is a meaningful activity and should be run again next year.



Students creating sand sculptures

### 1B Lee Wing Yi

I think our visit to Stanley Military Cemetery was the most unforgettable part of the trip. During the thirty minutes of quiet time in the cemetery, I read the words on the gravestones. I felt so sorry that people lost their family members in the war. Before I visited the cemetery, I thought it was a terrible place. However, because of the quiet environment, I felt peaceful and relaxed being there.

This is a meaningful trip. I will treasure the time with my family members more and spend more time communicating with them.

### 1A Ng Tsz Ying

During the Life-wide Learning Day, I had an unforgettable experience. It was interviewing visitors in Stanley. I felt nervous and shy when I was looking for interviewees. Soon, we found visitors but I did not know how to communicate with them. At last, my group leader started the interview bravely. We felt lost when visitors did not agree to be interviewed, but we did not give up. I felt a great sense of achievement when we completed the task.

Interviewing tourists made me understand the importance of learning different languages and being polite to others. It enhanced my communication skills and the ability to take the initiative.

Students finished the sand sculpture. Well done!



Happy interview with foreigners!



Quiet time at Stanley Military Cemetery



### 1D Hui Yan Ching

In the event, my most memorable part was the interview. At first, we were all afraid to do it, but then someone started the interview bravely. At the end of each interview, we asked the interviewee to take photos with us. It was memorable because we rarely interview people outside school. My group was full of team spirit. I felt happy when I found that I could cooperate with my classmates.

I have learnt how to cooperate with others through this activity. It changed my attitude towards problems. I thought I just needed to finish my own duty. In fact, each person needed to not only do his own job, but also help the others when facing difficulties.

### 1C Cheung Wai Lam

The Inter-class Sand Sculpting Competition was my favourite activity. When we arrived at the beach, two student designers in my class drew some outlines for the sand sculpture on the sand. Then, we built the sand sculpture together. Finally, our sand sculpture was finished perfectly. I felt satisfied and happy because nobody argued when we were doing the sand sculpture. I discovered the team spirit among classmates and knew cooperation is very important.

1B class photo taken at Stanley Military Cemetery



### 1A Wong Cho Ming

The tourist from Australia was really humorous. While we were asking him questions, he told some jokes and made us laugh. Although he was playful, he gave us a lot of useful information and did not tell lies. After we took a photo at the end of the interview, he asked, "Will I be a famous star and see myself on TV?" and we all answered, "Of course!".

I felt a little nervous because I seldom speak in English. Luckily, my friends helped me, so we finished the interviews quickly. After we had interviewed two tourists (both from England), we felt relaxed and were not nervous any more. We also felt delighted because we had finished the work that we needed to do. It was an unforgettable experience. I would really like to have a day like that again.

### S.3 Exploring Cheung Chau 探索長洲

26.3.2015  
Cheung Chau

#### Mr Yeung Ka Chun

In order to engage students fully in meaningful learning through exploring Cheung Chau, morning and afternoon activities were arranged. In the morning, students were led by the chairperson of their class to complete tasks along the checkpoints of different routes. Along the routes, they also took class photos for making class albums.

Through cooperating with each other, students could complete the albums efficiently. In the afternoon, the free time to explore Cheung Chau allowed students to know more about the island in a leisurely way and this enhanced their ability in various aspects.

#### 3B Tam Hoi Ting

This event made me understand the importance of teamwork. Before the event, I always thought that working alone was much better than working with other people as things may get complicated if too many people do the same work. And I always felt that my classmates had no team spirit, although most of them came from 1B and 2B. However, after the activities of that day, I realized that I was wrong. The teamwork of my class is better than before. It may be because we had experienced a lot and finally found that teamwork is important.



3C class photo taken at Kwan Kung Pavilion



Photo by  
UncleChan with  
Nikon D750

3A class photo taken in the  
playground at Pak Tai Temple

#### 3A Siu G O

The most unforgettable time was the whole class hiking the Cheung Chau Family Trail. There was drizzle and everyone held their umbrellas aloft as they walked to the pavilion. There were lots of slopes on the Trail. With the wet ground, several classmates slipped. Others gave support to those who were wounded and comforted them. Without a word of complaint, classmates chatted with each other while hiking. What I saw was a group of people in harmony.

#### 3B Wong Wing Hei

I have learnt that we should not judge people by their looks. We should not say that a classmate does not have leadership ability because of his or her appearance. We should not think that we cannot entrust important tasks to him or her. Looks are not reliable. The student may be an inspirational leader for other classmates. Same with Cheung Chau, at first I thought the island was too ordinary, but after I observed it carefully, I found that it had many characteristics which I could appreciate. Although the life of Cheung Chau people is mundane in comparison to other Hong Kong people, Cheung Chau is quieter than most other areas and does not have any air pollution. The most important thing is that the life of the people in Cheung Chau is not hectic. I will try to follow their example and slow down my pace.

#### 3D Fong Hiu Ying

In this trip, the most unforgettable experience for me was exploring the Cheung Po Tsai Cave because it's very dangerous to go through the cave. If you're not careful enough, you'll fall and get hurt. Additionally, it's very dark inside. If we hadn't had torches, we wouldn't have been able to see anything. Even though it's a huge difficulty for our class to overcome, it was an exciting experience.

In the future, I will pay more attention to my surroundings and won't let any beautiful memories slip away. If we slow down, we will see the natural and fabulous side of the world. We can't let the bustling city conceal its existence. I hope I can be the photographer in the same event in future and take photos to help everyone to keep their beautiful memories. Every time they see the photos, the memories will remain fresh in their minds.



3B class photo taken at  
Tung Wan Beach

#### 3C Chan Man Nok

Hiking was my most unforgettable experience in this trip. We got lost after we passed through Guan Yin Miao. We got to the crossroads, and we walked for a long time before we could find the right path. Since I was the camerawoman, I had to carry the camera and fight against gravity the whole day. It could be really exhausting. What's more, the rain messed me up. Luckily, I had my friends with me, so I didn't feel too tired.



A student leading his class to  
the designated hiking route



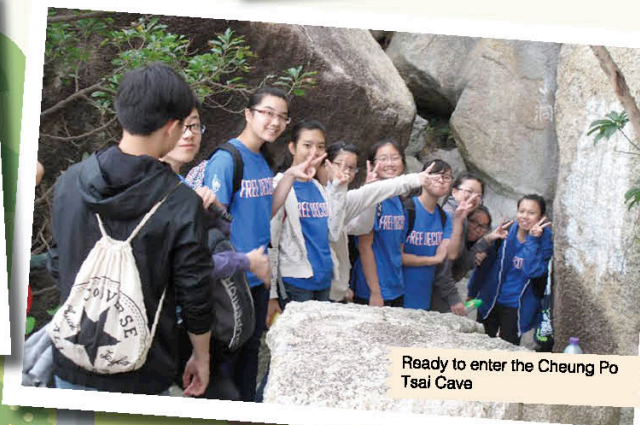
Scrapbooks made by students who  
have explored Cheung Chau



"Cute faces" — selfie taken to  
record a happy moment during  
the exploration



"Free Decoder"



Ready to enter the Cheung Po  
Tsai Cave



## S.4 Lai Chi Wo Magical Tour 荔枝窩奇妙之旅

27.3.2015  
Lai Chi Wo, Kat O & Ap Chau

### Ms Tsui Suk Yi

Lai Chi Wo Magical Tour provided a good opportunity for teachers and students to appreciate the wonderful natural scenery in Hong Kong. In Lai Chi Wo, the plants with special features are so attractive. Teachers and students took photos under the banyan tree for the inter-class photo competition. I saw many happy faces and interesting poses. It showed a close bond between teachers and students. We went to Kat O to have village-styled lunch and to understand its history and culture. Finally, we went to Ap Chau (meaning "duck island") to see the wavecut landforms, such as sea cliff and sea arch. Students sang along and produced their class music video on the island. I am very proud of my students' creative mind and organizational competence.

### 4C Charm Tsz Ki

The tour guide told us some interesting knowledge about Lai Chi Wo and we saw some beautiful views in Ap Chau. I felt happy and excited. I learnt some knowledge about the environment and the plants there. This activity made me understand we should protect our environment. If not, the spectacular views will disappear. Before this activity, I did not care about our environment but now I think protecting our environment is very important. If I see someone destroy the environment, I will tell them about the negative effects.

### 4A Chiu Wing Lam

When we were in Ap Chau, we were given a task to do, which was making a music video. We were asked to sit on a rock. However, it was not easy as the rock was too high for me to climb. Luckily, I got help from my classmate and finally I could sit on it. I really enjoyed going on this Lai Chi Wo tour with 4A. I had a great day. Since it was the first time that we had made a music video by ourselves, we thought it was challenging. We spent a lot of time planning the scenes and even the music. Finally, we made up our mind and started making the music video. In this activity, I learnt to listen to others' ideas so that the task could be completed more easily and quickly.

### 4D Tang Wai Lun

When the tour guide showed us around Lai Chi Wo, I learnt a lot of facts about the place. It was really awesome. Surrounded by those valuable plants and species, it felt magical and it was totally different from Tai Po. It is definitely worth exploring a rural area with such historical and geographical value. The tour guide told us that Lai Chi Wo had a huge red tree forest called "Fung Shui Lam", which was considered the guardian of the village. I found that superstition is a great part of Lai Chi Wo villagers. I also learned that red tree forests are toxic but a great home for many species because they have salt on their leaves that animals can consume. Red tree forests are very valuable, but for urban development, many companies are eager to destroy these forests. Therefore, I will try my best to protect these forests. If there are activities about the protection of red tree forests, I would like to join. I will also care more about the environment and try to save energy so that I can protect the plants as well.

### 4D Hui Yik Man

I think the most impressive moment was our class shooting the music video in Ap Chau because I could enjoy a fantastic moment with my classmates. The view of Ap Chau is very beautiful and special. Playing with my funny and crazy classmates there, I felt very happy.

In this activity, I learnt more about geography because the tour guides introduced the beautiful natural environment to us during the whole trip. I also learnt how to take care of others. As the ground of the island was rough and uneven, we needed to take care of others to avoid injuries.

Since I learnt some valuable knowledge about geography during this trip, I hope I can bring my family members to Lai Chi Wo and Ap Chau one day and introduce them to the wonderful natural environment.

### 4B So Pui Yu

Taking photos with Mr Lo and Ms Tse for the "Teacher-student bond under the banyan tree" competition was the most impressive moment in this activity. At first we chose only a few classmates to take photos with teachers. However, we found that the photos did not adequately show our feelings. Therefore, all other 4B students ran forward to try to catch the moment with smiling faces. We felt excited and thrilled. Leading my class to take photos and to make a music video enhanced my leadership and photography skills. Now I am interested in taking photos and making music videos. I will search for more information about photography and try to apply this skill in ASD lessons.



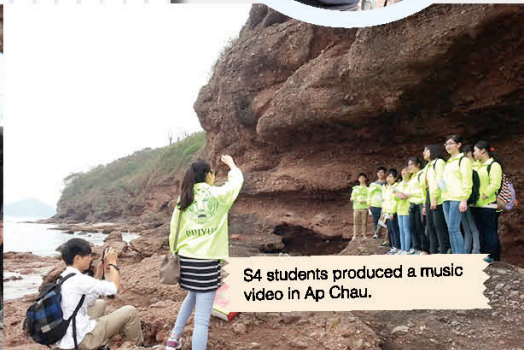
Students took photos in for the inter-class photo competition "Teacher-student bond under the banyan tree".



The tour guide shows students the special rock type found in Ap Chau.



S4 students observe and study the rock in Ap Chau.



S4 students produced a music video in Ap Chau.



## S.5 Sai Kung Survival Challenge and Orienteering 西貢競技遊蹤

26.3.2015  
Sai Kung



Each group of student representatives lined up, waiting for the teacher to flags on the beach of Half Moon Bay .



The day after the outdoor learning activity, students work diligently for the presentation.

Eventually, the product is finished



### Ms Wut Pui Fun

There are two challenges in the design of school-based life-wide learning activities. Balancing students' learning and interest was the fundamental task. Weighing student and teacher autonomy was even more difficult. Requesting leaders, the chairpersons of the class associations, to design learning activities for their schoolmates could relieve the first challenge, but I still had to juggle between student and teacher autonomy. This year, students enjoyed the games organised by the student leaders on the beach. Not only was the effort of the leaders appreciated, but much credit had to be given to students who participated actively regardless of the limited space because of the high tide. I also gave applause to those students who devoted time to interviewing local Sai Kung people. To me, the best reward was students loved the places which I designed learning tasks for them to explore. My dear students, there are still lot of places to be discovered in the world. Your experiential learning initiated by the school these few years is only the starting point!

### 5A Leung Wing Sze

During the life-wide learning day, the most impressive event was cooking eggs on a barbecue pit. We had to light charcoal with a lighter and cook an egg in a Coke can. It was a challenging mission for all of us. Finally, we did it! It was the most memorable time throughout the trip. In the future, there will be more challenging work that needs a team to finish. I will trust my teammates and focus on the work that I need to do because this can lead us to success.



Our sand castle is the highest!



Students trying to build the tallest dune

### 5D Chan Yik Wa

Because of the topic of the assignment for the life-wide learning day, I learnt more about some special occupations. This activity increased my interest in finding some jobs that are seldom found in other places. I learnt more about the jobs and Sai Kung. This knowledge can surely help me when I go to Sai Kung next time.

### 5A Chan Sum Him

I learnt a lot from this activity. First, when playing games organised by the chairpersons of the class association, I learned the importance of cooperation. My groupmates were all my friends, so we cooperated well and I was happy about it. After the activity, I realised that I cannot do much just by myself; being a group leader is not doing everything but letting suitable teammates do their part and finish a project together.

Also, when interviewing local people in Sai Kung, I learnt more about the 'boat trip' business. The people there were so nice that they didn't mind spending time telling us more about their job. Through the interview, my confidence was enhanced and I knew more about Sai Kung.

### 5C Tsang Shing Man

The project interview in the afternoon gave me a chance to practise the interviewing skills I learnt from my experience as a student reporter. The interview with strangers greatly enhanced my courage. I will use the enhanced interviewing skills in my student reporter work to make better contributions to the school magazine. I will try to speak more clearly and offer more suitable responses to interviewees so that the interview can be conducted more smoothly. As a participant of the Mingpao Student Reporter Scheme, I will try to be braver when interviewing others. I will try my best to enhance my social skills.



Each time 3 groups of students play "collecting the strip from a queue", each group trying to collect strips from other groups.

### 5F Sun Fu Pui

I learnt leadership skills from this activity. As one of the leaders of the activity, I know that we should be patient and considerate when we lead an event. As accidents may happen during the activity, we should observe its progress carefully and respond quickly to different situations so that the event can be carried out smoothly.



Coke cans were used as containers for cooking.

### 5E So Hiu Tung Keris

Although the tide affected the site, we could still play the games in a small space on the beach. I found the activities interesting and exciting since we were packed together. It made me realize we can work out anything even in an unplanned situation if we are willing to accept the challenge. If I encounter a problem that I have never met, I will try to see it from different perspectives and won't refuse to solve it. I will persuade myself to carry on when I face any difficulties. The reason is that a positive attitude is very important in order to fix a problem. Whenever I am down, being confident is the key to success.

## Green Adventure to Amazon

27.7.2014 -10.8.2014  
Amazon of Brazil

### 5E So Hiu Tung Keris

Last summer holiday, I joined the 2014 Green Adventure programme to the Amazon, which is the largest rainforest in the world and home to the greatest number of species. When I first saw the promotion poster, I decided to grab this opportunity to challenge myself and broaden my geographical perspective.



The man in the middle is the chief of the village. All the accessories he wears are made by the villagers. The make-up on our faces are drawn with the juice of a seed found in the forest.

There were several tasks we had to complete, such as field trips, projects and interviews, in order to be chosen to join the trip. Although the schedule was tight, my groupmates showed full responsibility and contributed brilliant ideas to the work. We had a lot of brainstorming and I learnt



Waiting for the sunset in the lagoon after exploring the forest

### Timetable of the trip

DURATION	EVENTS
Mid to late April, 2014	Training for 100 ambassadors
5/5/2014	Submission of individual report
Mid-May, 2014	Training for 40 selected ambassadors
24/5/2014	Submission of group report Interview day for 40 ambassadors
Late May to Mid-July, 2014	Training and projects for 20 selected ambassadors
Late July to Mid-August, 2014	Study tour

Our team took photos under a tree over a thousand years old. We always wore boots because the mud was too wet!



a lot from them. The experience not only enriched my social life, but it also gave me a chance to get to know some of the elite of our city, thereby equipping me for the future.

After working hard for two months, I became one the twenty students selected to go on the trip. I felt blessed because I could travel to the other side of the world to explore knowledge in amazing nature.

We visited two national parks in Ecuador, accompanied by locals and tutors from Hong Kong University. By hiking in the woods and boating on the meandering river, we could see various animals with our naked eyes instead of through books. One of our teammates would tell the whole team what he saw when he noticed a bird or even a small bug, and the leading locals or tutors would tell us the name of the species we had found. It was a good way to learn as we actively searched for new things from our surroundings. During the trip, a bug with many legs crawled on the back of my hand. I tasted tree sap and lemon ants. These were the real lessons I took from seeking and experimenting in this rare natural environment.

Exploring the Amazon rainforest at the age of 15 is surely the most meaningful and unforgettable memory in my life. I encountered many new things in these two weeks, which made me feel humanity is really small. The trip widened my horizons and lit in me a fire for learning!

## CYC Outstanding Members Award 2014

20-25.7.2014  
Malaysia & Singapore



Shopping in the Chinatown of Singapore

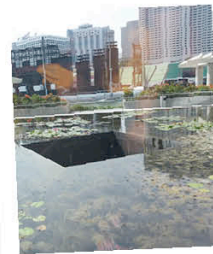
### 5C Chu Wing Sheung

This tour aims to let CYC members know more about the cultures, education systems and charitable work of other countries. I had lots of special experiences from this tour. Different activities helped me understand the unique cultures of Malaysia and Singapore deeply.

My teammates, teachers and I first went to Malaysia. Visiting various places, I felt pleased and excited because I had never seen magnificent buildings like the Putra Mosque or Petronas Twin Towers before. The most unforgettable memory was the visit to a secondary school in Malaysia. The local students welcomed us by performing their folk dance when we arrived. They also prepared several scientific experiments and interesting games for us. I found that although there were many students of different ethnic backgrounds in the secondary school, and the facilities were simple, everyone got along with each other peacefully and was satisfied with their school. It prompted me to reflect on my life attitude. I live in great conditions but I often grumble. I should treasure everything I have and should not take 'well-being' for granted. Sometimes Hong Kong people may discriminate against immigrants from mainland China and attack them verbally, but I think everyone should respect others no matter what their race or religion is, or what language they speak. Respect is an important contributing factor of social harmony.



Overlooking the awe-inspiring scenery with teammate



The design of the lotus pond outside the Art Science Museum is special.

Malaysian students demonstrating interesting experiments



After we got off the bus in Singapore, we felt comfortable because of the nice environment there. Through the transportation, green environment and local people's lives, I could see that Singapore values environmental protection and green policies. Nevertheless, I still can't believe that greening and modernity can be fused together in projects such as Gardens by the Bay. I could find plants everywhere and thus had a notion of Singapore as a 'City in a Garden'. I appreciate how the Singaporeans value their environment and how the Government raises the quality of life by enhancing the greenery in the city. Some advanced technology shows the Singaporeans treasure natural resources. NEWater technology, which was invented by the elite in Singapore, transforms dirty water into clean water. Singapore teaches me that being a metropolitan, I can still protect my city's environment. There is no doubt that every citizen needs to contribute their effort and take action for their environment. I ought to treasure all resources and recycle garbage and should not waste resources for a minor convenience.

I was glad that I could join this great tour, which widened my horizons. It reminded me to reflect on my life and gave me a new experience. I won't forget the memorable journey.



Putra Mosque in Kuala Lumpur is more beautiful at dusk!

## Japan-East Asia Network of Exchange for Students and Youths Programme

8-16.2.2015  
Tokyo, Osaka & Nagasaki

### 5C Chan Wai Ching Venus

College English lessons



Wearing Yukata

This February, it was my honour to be nominated for the Japan-East Asia Network of Exchange for Students and Youths (JENESYS2.0) programme, organized by the Japanese Government. It meant that I could visit Japan for free. I made new friends with other representatives from different schools. During training, we learnt some Japanese and prepared a performance to show the talents of Hong Kong students. My expectation of this tour was to know more about Japanese culture, for example, why Japanese meals are served in individual portions while Chinese meals are served as a whole, with all the food in the centre of the table.

In this 9-day tour, we went to Tokyo, Osaka and Nagasaki. The technology, food, hygiene and air quality in Japan are quite different from Hong Kong. Without doubt, the journey was amazing. The field visits to university, museums, palace and theme park deepened our understanding of Japan. It broadened my horizons in the technology — the development of robots — and culture of Japan.

The most unforgettable experience was the college visit in Nagasaki. We had to interact with Japanese students during the lessons. Changing our shoes, eating bento and walking through the corridors made us feel like we were inside a Japanese animation. The Japanese students were hospitable and talkative. They sincerely welcomed us to their school. After school, some students accompanied us to experience such special extracurricular activities as Ikebana, Kendo and Aikido. I could feel their passion for their interests, not just for competition or study. As the school day drew to a close, it was time for home stay. My host, Okishima Hanako, took me to her Japanese-style house. I stayed in Washitsu, a Japanese-style room, that night. The host family chatted with me overnight, telling me many things about Japan that I couldn't have found by surfing the Internet. However, what really shocked me was that gender inequality is still a serious phenomenon there. My host mum always had her meal after us. Although Japan is a world-class country, patriarchy remains unchanged in some parts of the city. My host family offered me the best and treated me like their daughter. I was really thankful.

Photo with Japanese students

I am delighted to be granted this valuable opportunity. I would like to thank my school for nominating me. I have learnt a lot from it. I saw, I tried, I heard, I tasted many new things that I had never tried before. As a Chinese saying goes, "It is better to travel ten thousand miles than to read ten thousand books". I am a firm believer in this.

## Sports Exchange Tour to Nanjing

18-22.8.2014  
Nanjing

### 6D Wong Chun Ling

Playing football with LeLe!!



Nanjing Youth table tennis player, Huang



Interviewed by TVB-Sportsworld

matches of 2014 Summer Youth Olympic Games.

I was haunted by fear at first and was a little self-abased because there were many athletes from the famous schools in Hong Kong. However, I tried to talk confidently. In the end, I passed the selection and even became a group leader.

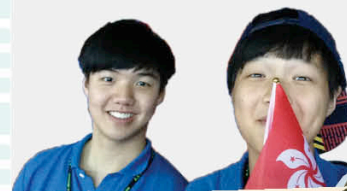
In the summer of 2014, I was nominated for A.S. Watson Group Hong Kong Student Sports Awards to join the Nanjing Sports Exchange Tour — a free, precious, joyful tour. The five-day exchange tour included sightseeing, visiting a training centre, interviewing athletes and watching

Watching matches of the 2014 Summer Youth Olympic Games was an extremely rare opportunity. All of us enjoyed it so much. The badminton and table tennis matches and the track and field events were fantastic. It was the first time that I had watched so many professional competitions in a short time.

During the tour, we visited Xianlin Sports Training Centre in order to understand the training programmes

and the situation of China's young athletes. Being a football player, I practise 4-5 days per week, 3 hours each time. My favourite motto is 'practice makes perfect'. However, after talking with a table tennis player, I sighed. When I thought I had enough practice, 16-year-old athlete Huang told me, 'I'm a high school student, but I only go to school on Mondays, Wednesdays and Fridays, 3 hours per school day. The remaining time, I practise.' Wow, her situation is totally different from mine! I really have to practise more and harder. Unfortunately, most Hong Kong athletes do not have enough support. We have to try our utmost in a situation full of barriers.

This is my 'Amazing Summer', which is a great experience for me. As a football player, I would like to make every effort to boost the level of Hong Kong's football, especially women's football.



Waving flags and shouting battle cries for Hong Kong and China teams!



LeLe, the official mascot



## Outstanding Students

Leading my house to strive for excellence



captain of Samuel. Being a leader, I learnt how to manage my time and how to assign duties to my teammates. There is no doubt that my leadership was improved by this post.

### 5A So Hoi Ting

I was honoured to be a sports star in school. Over the past five years, I have been a member of the Athletics Team of our school. This team inspired me to be loyal and try my best to contribute to school. In 2013, we represented Hong Kong to join the 3rd World Youth Tchoukball Championships. It was an excellent opportunity to compete and talk with people of different nationalities. This was an unforgettable experience in my school life. During 2014-2015, I was the house



Running on the track



We all smile before the start of the competition!

As I was one of the winners of the A.S. Watson Group HK Student Sports Awards 2014-2015, I had a chance to compete for an exchange trip to Shandong in China with students from different schools in Hong Kong. I needed to write an essay and have an interview in front of eight principals. I competed against the elites from other schools, including those from DBS. I tried my best to strive for it. Although I was not chosen to join the exchange in the end, it was a great chance to widen my horizons.

### 5E Lam Pak To

Being passionate about participating in extra-curricular activities and services, I enjoy my school life very much.

Since the age of six, I have played the Dizi. I joined the Chinese Orchestra five years ago. Realizing the importance of team spirit, orchestra members observe and offer advice on each other's performance. This prepares me for communication with my colleagues in the future.

To lead a healthy lifestyle, I joined the Track and Field Team. I mainly practise long-distance running during training. We would get hurt easily and feel anxious before competitions. However, I have a great sense of achievement whenever I meet my target.

Regarding the contribution to my class, I have been the chairperson of the class association for two years. This year, I am glad to have a chance to plan a life-wide learning activity for the whole form with the other S.5 class chairpersons. It was challenging because we had never had any experience in organizing this kind



Leaving Half Moon Bay, heading back to Sai Kung

After I played Dizi in the 25th Anniversary of the Chinese Orchestra, we took photos together.



of activities. With our mutual trust and the help from teachers, the activity was a big success and it became an unforgettable memory in my life.

Achieving academic excellence is not the most important in our school life, but rather whole-person development.



The Inter-school Cross Country Competition was wonderful!

### 4B Shiu Sheung Ting Ramona



Dressed beautifully, the Christian Ambassadors are ready to give out Christmas gifts to each class.

I am one of the Christian Ambassadors this year. I took this post as it is a great chance to serve God in school. We organize fellowships, hold activities during Gospel Fortnight, do worship services, etc. As I can play the piano, I am always the pianist. I have learnt how to work as part of a team and cooperate with other teammates.



We, the Symphonic Band, are ready for the Music Festival competitions!

Besides the piano, I can also play the saxophone. I got a pass with distinction in both the piano and saxophone Grade 7 Examination last year. I have been in the school Symphonic Band since S.1. We won the silver medal in the Music Festival this year. To have a good result, every single one of us has to work hard at our parts and spend a lot of time practising.



Selfie taken by some of the Art Ambassadors of AAISS on the way to the Recognition Ceremony

Apart from all these, I am one of the Art Ambassadors of AAISS this year. Through the programme, I made friends with other ambassadors. We played musical instruments together and learnt from each other. When we first met in the day camp in April, we created new music. We still stay in touch now.

### 2C Lau Siu Yu

The trophy we gained in the drama competition



In 2014-2015, I joined many activities. I was one of the actors of the Drama Club and participated in the Speech Festival (from which I took home the champion's prize). From these, I learnt how to be more confident when speaking in front of others. You can't let your audience think that you just memorized a script. When giving a speech, you need to show that you are full of confidence. I also learnt from the other participants and knew more about the strengths and weaknesses of my voice. Now, I know how to speak in the proper tone in different situations.

I am an active participant in sports. I am one of the members of the Athletics Team. Our team won the 8th place in the cross-country competition among more than 20 participating schools. I learnt the importance of teamwork. Without communication among teammates, we won't be able to perform at our very best.

Joining the Speech Festival



Drama Club members



Cross-country competition with teammates and our PE teacher, Ms So Wing Fun

## Service Teams Uniform Group — Boys' Brigade



After NCO training, members who passed the training took a photo with supervisors of 318 Detachment.

Last day of camp

### Mr Law Wai Yip

BB318 was established in 2012. This year there were 26 members, 5 officers (Law Wai Yip, Tse Ping Ho, Ho Ka Cheong, Ip Wai Shan and Ngan Kit Yee) and 1 pastor (Cheng Yu Hin) involved in BB training. 12 badge courses (level 1 and level 2) were held altogether. 12 members were promoted as senior members (level 1) and 5 senior members (level 1) were promoted as senior members (level 2) after training. This year, they participated in various social service activities and were involved in over 40 hours of social services. Next academic year, they will help to lead new members to adapt to BB training and form a committee to help officers deal with team affairs.

### 3A Cheung Suet Yi

The most enriching experience in my ILCian life is being a member of the Hong Kong Boys' Brigade. I was one of the first members of 318 Detachment and we didn't have any experience or resources at that time. We had to start everything from zero. It's hard to remember a lot of knowledge within a year but it's really fun when we meet every Wednesday. During the second year, some new members finished the course and became NCOs. That's great pleasure. We gained a lot of experience and we love 318 Detachment, not only because we learnt new knowledge at HKBB, but also because it has allowed us to try something new. We should learn how to be brave and ask what we need to know. BB has enhanced our courage and initiative.

### 2D Lam Wing Sum

When I joined this team, I was a very timid person. I couldn't have fluent communication with other people. I enjoyed different activities, such as visiting the elderly, and learning emergency treatment and Morse code. After one year, we attended BNCO (Basic Non-Commissioned Officer) training to improve our leadership. This training included a three-day camp. In the camp, we needed to learn what team spirit is and how to lead people to play a game. To be an excellent leader, we need to be brave, good at communication, and have integrity, love, courage, determination and team spirit. After the training, I tried to lead my teammates in the basketball team to perform well in competitions. At home, I take care of myself and try not to make my parents worry about me. There has been a big change in me as the Boys' Brigade has helped me to grow up.

## Community Youth Club

### Mr Lok Chun Fai

Based on the motto of the CYC (Community Youth Club) Scheme, which is Learn, Be Concerned and Serve, ILC's CYC has been organizing activities which enabled CYC student members to become more aware of their civic responsibilities and show an active concern for the community.

The CYC of ILC has been established for more than 20 years. Yet this year is deemed to be a special year. First of all, it is the first time one of our members has won the CYC Outstanding Member Award and represented Hong Kong in a visit to Singapore and Malaysia.

Besides, it is also the first time our member has achieved the First Class Honour (the highest level of honour) in the new CYC Member Merit Award Scheme, which was launched seven years ago.

Last but not least, it is the first time we have formed a team of S.4 members who planned and organized a school-based social service program entirely by the students themselves.

Special this year may be to ILC's CYC, we still look forward to seeing more breakthroughs in ILC students' involvement in social service related matters in the future.



Members running a charity sale stall for the Hong Kong Community Chest



Presentation of life story albums to the elderly



Members adding artistic touch to leather pouches — gifts for the aged in an elderly home



Members interviewing an elderly man to make a life story album for him



Members making phone calls to the elderly with an alarm from the Personal Emergency Link Service in their homes

### 4B So Pui Yu

When I was a Secondary One student, I joined CYC. CYC is a meaningful and educational club, and Mr Lok provides lots of chances for us to develop and grow. In CYC, there is a lot of volunteer work organised for members, such as chatting with the elderly over the phone and charitable sale. I can choose different volunteer work to do during different times, and this makes the working time very flexible. This year, I am the vice-chairperson of CYC. I have learnt leadership skills like planning and organizing activities for members to join. Having a positive attitude and learning from failures are very important. I never know when challenges will come, so I will make good preparation to ensure the activities will run smoothly. I have learnt not only leadership skills, but also communication skills. Good division of labour is a significant factor in holding an activity successfully. Lastly, I would like to thank Mr Lok as he had encouraged me a lot when I had difficulties and felt unhappy.



Playing games

Cooking breakfast in camp